

Pike Soccer Club Add On Special Training Opportunities

revised 4/10/08

One of PSC's top 2008 Goals and Objectives is to improve the soccer experience for each player.

The 2008 additional training program is the most extensive in Pike Soccer Club's history and supplements regular training by each team and coach.

The training sessions are tailored to fit the particular needs of the group of players.

Here is an overview of the winter and spring plans to date. Additional summer and fall sessions to be announced later.

DATE	TRAINING	TIME	Location	TRAINER	INVITED	Primary	Note
January							
January	Foot Skills	varies	SportZone	Head Coach	IB 9-18, IB+ 13-18	Marketer	Schedule posted on coaching page
January	GK training	6p & 9p	SportZone	Reiswerg	IB 9-18, IB+ 13-18	Head coach	Schedule posted on coaching page
January	Fitness & foot skills	varies	4 gyms	Head Coach	IB 9-18, IB+ 13-18	Head coach	Sign up on coaching page
January	Fun Fitness w/ Ball, "speed & agility"	varies	NAS	Proctor	IB 9-14	Head coach	Schedule posted on coaching page
7-Jan	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 98 boys	Head coach	Schedule posted on coaching page
7-Jan	Fun Fitness w/ Ball, "speed & agility"	7pm	NAS	Proctor	IB 99 & 98 girls	Head coach	Schedule posted on coaching page
9-Jan	Free Fun Futsal	6p & 7p	SC	Hudspeth	Rec u7-u12	Piwowski	Website
14-Jan	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 96 & 97 boys	Head coach	Schedule posted on coaching page
14-Jan	Fun Fitness w/ Ball, "speed & agility"	7pm	NAS	Proctor	IB 95 & 97 girls	Head coach	Schedule posted on coaching page
16-Jan	Free Fun Futsal	6p & 7p	SC	Hudspeth	Rec u7-u12	Piwowski	Website
23-Jan	Free Fun Futsal	6p & 7p	SC	Hudspeth	Rec u7-u12	Piwowski	Website
28-Jan	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 94 boys	Head coach	Schedule posted on coaching page
28-Jan	Fun Fitness w/ Ball, "speed & agility"	7pm	NAS	Proctor	IB 98 boys	Head coach	Schedule posted on coaching page
February							
February	Foot Skills	varies	SportZone	Head Coach	IB 9-18, IB+ 13-18	Marketer	Schedule posted on coaching page
February	GK training	6p & 9p	SportZone	Reiswerg	IB 9-18, IB+ 13-18	Head coach	Schedule posted on coaching page
February	Fitness & foot skills	varies	4 gyms	Head Coach	IB 9-18, IB+ 13-18	Head coach	Sign up on coaching page
February	Fun Fitness w/ Ball, "speed & agility"	varies	NAS	Proctor	IB 9-14	Head coach	Schedule posted on coaching page
4-Feb	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 99 & 98 girls	Head coach	Schedule posted on coaching page
4-Feb	Fun Fitness w/ Ball, "speed & agility"	7pm	NAS	Proctor	IB 96 & 97 boys	Head coach	Schedule posted on coaching page
11-Feb	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 95 & 97 girls	Head coach	Schedule posted on coaching page
11-Feb	Fun Fitness w/ Ball, "speed & agility"	7pm	NAS	Proctor	IB 96 girls	Head coach	Schedule posted on coaching page
25-Feb	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 94 boys b, 95 boys	Head coach	Schedule posted on coaching page
25-Feb	Fun Fitness w/ Ball, "speed & agility"	7pm	NAS	Proctor	IB 94 girls	Head coach	Schedule posted on coaching page
March							
March	Foot Skills	varies	SportZone	Head Coach	IB 9-18, IB+ 13-18	Marketer	Schedule posted on coaching page
March	GK training	6p & 9p	SportZone	Reiswerg	IB 9-18, IB+ 13-18	Head coach	Schedule posted on coaching page
March	Fitness & foot skills	varies	4 gyms	Head Coach	IB 9-18, IB+ 13-18	Head coach	Sign up on coaching page
March	Fun Fitness w/ Ball, "speed & agility"	varies	NAS	Proctor	IB 9-14	Head coach	Schedule posted on coaching page
3-Mar	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 96 & 97 boys	Head coach	Schedule posted on coaching page
3-Mar	Fun Fitness w/ Ball, "speed & agility"	7pm	NAS	Proctor	IB 95 & 97 girls	Head coach	Schedule posted on coaching page
10-Mar	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 96 girls	Head coach	Schedule posted on coaching page
10-Mar	Fun Fitness w/ Ball, "speed & agility"	7pm	NAS	Proctor	IB 94 girls, 95 boys	Head coach	Schedule posted on coaching page
11-Mar	Fun Fitness w/ Ball, "speed & agility"	6pm	NAS	Proctor	IB 94 boys	Head coach	Schedule posted on coaching page
31-Mar	Indy Burn Plus all players training	tba	tba	Proctor	IB+13-18	Odell	All players all teams, all coaches, all teams
April							
April & May	Proctor Technical Mondays	varies	MJGSC	Proctor	IB 9-19	Marketer	See below
April & May	GK training Seniors	varies	NWW	Reiswerg	IB 15-19	Head coach	scheduled by Reiswerg
April & May	GK training Juniors	varies	NWW	Woodward	IB 9-14	Reiswerg	scheduled by Reiswerg
April	Indy Burn Developmental Academy	varies	varies	McIntosh	Rec u7-u12	Piwowski	Entire age group coaches & players

4/8 Tuesday	Indy Burn Developmental Academy	5.30p-6.30p	MJGSC	Proctor	Rec u12 Girls	Piowarski	Entire age group coaches & players
4/15 Tuesday	Indy Burn Developmental Academy	5.30p-6.30p	MJGSC	McIntosh	Rec u7	Piowarski	Entire age group coaches & players
4/17 Thursday	Indy Burn Developmental Academy	5.30p-6.30p	MJGSC	Proctor	Rec u12 Boys	Piowarski	Entire age group coaches & players
4/22 Tuesday	Indy Burn Developmental Academy	5.30p-6.30p	MJGSC	McIntosh	Rec u10 Boys	Piowarski	Entire age group coaches & players
4/24 Thursday	Indy Burn Developmental Academy	5.30p-6.30p	MJGSC	McIntosh	Rec u7	Piowarski	Entire age group coaches & players
4/25 Friday	Indy Burn Junior Academy (u8) #2	5.30p-6.30p	MJGSC	McIntosh	Rec u8	Piowarski	Entire age group coaches & players
4/14 Monday	Proctor Technical Monday	5p-6p	MJGSC	Proctor	96 & 97 boys, 97 & 95 girls	Head coach	training
4/14 Monday	Proctor Technical Monday	6p-7p	MJGSC	Proctor	93-89 boys	Head coach	Defending
4/21 Monday	Proctor Technical Monday	5p-6p	MJGSC	Proctor	96 & 94 girls, 95 boys	Head coach	training
4/21 Monday	Proctor Technical Monday	6p-7p	MJGSC	Proctor	93-90 girls	Head coach	Midfield
4/24 Thursday	Proctor Technical Monday	5p-6p	MJGSC	Proctor	98 boys, 99 girls, 98 girls	Head coach	training
4/28 Monday	Proctor Technical Monday	5p-6p	MJGSC	Proctor	94 & 98 boys	Head coach	training
4/28 Monday	Proctor Technical Monday	6p-7p	MJGSC	Proctor	93-89 boys	Head coach	Midfield

May	TRAINING	TIME	Location	TRAINER	INVITED	Primary Marketer	Note
5/5 Monday	Proctor Technical Monday	5p-6p	MJGSC	Proctor	99 & 98 girls, 96 & 97 boys	Head coach	training
5/5 Monday	Proctor Technical Monday	6p-7p	MJGSC	Proctor	93-90 girls	Head coach	Forward
5/12 Monday	Proctor Technical Monday	5p-6p	MJGSC	Proctor	95, 96 & 97 girls	Head coach	training
5/12 Monday	Proctor Technical Monday	6p-7p	MJGSC	Proctor	93-89 boys	Head coach	Forward
5/19 Monday	Proctor Technical Monday	5p-6p	MJGSC	Proctor	94 girls, 94 & 95 boys	Head coach	training
5/19 Monday	Proctor Technical Monday	6p-7p	MJGSC	Proctor	93-90 girls	Head coach	Defending
5/8 Thursday	Indy Burn Developmental Academy	5.30p-6.30p	MJGSC	McIntosh	Rec u10 Girls	Piowarski	Entire age group coaches & players
5/9 Friday	Indy Burn Junior Academy (u8) #3	5.30p-6.45p	MJGSC	McIntosh	Rec u8	Piowarski	Entire age group players
5/16 Friday	Indy Burn Junior Academy (u8) #4	5.30p-6.45p	MJGSC	McIntosh	Rec u8	Piowarski	Entire age group players
5/23 Friday	Indy Burn Junior Academy (u8) #5	5.30p-6.45p	MJGSC	McIntosh	Rec u8	Piowarski	Entire age group players
5/30 Friday	Indy Burn Junior Academy (u8) #6	5.30p-6.45p	MJGSC	McIntosh	Rec u8	Piowarski	Entire age group players