

# Pike Soccer Club Recreational League Rules

## For Coaches and Referees - Effective March 10, 2010

	U-5 & U-6	U-7 & U-8	U-10	U-12
<b>Field Size</b>	30 yards x 20 yards	40 yards x 30 yards	50 yards x 40 yards	75 yards x 55 yards
<b>Goal Size</b>	4 feet x 6 feet	5 feet x 10 feet	6 feet x 18 feet	6 feet x 18 feet
<b>Center Circle</b>	6 yards in diameter	10 yards in diameter	10 yards in diameter	16 yards in diameter
<b>Corner Arc</b>	Two foot radius	Two foot radius	1 yard radius	1 yard radius
<b>Goal Area</b>	None	None	14 yards x 4 yards	14 yards x 4 yards
<b>Penalty Area</b>	NONE		22 yards x 9 yards Penalty mark is 8 yards from the center of the Goal Line.	34 yards x 14 yards Penalty mark is 10 yards from the center of the Goal Line.
<b>Law 2: The Ball</b>	Size 3		Size 4	
<b>Law 3: Number of Players</b>	3 per side. No goalkeepers.	4 per side. No goalkeepers.	6 per side, one of whom must be designated a goalkeeper.	8 per side, one of whom must be designated a goalkeeper.
<b>Substitutions</b>	On the fly. Quarters, Injuries Any dead ball by either team.	Quarters Injuries Any dead ball by either team.	Throw-ins by team in possession or both teams have sub at line. Halftime, Goal Kick, kick-off, Injury.	Throw-ins by team in possession or both teams have sub at line. Halftime. Goal Kick, kick-off, Injury.
<b>Goal Keeper Distribution</b>	NA	NA	Drop-kicks, ground kicks throwing and rolling past midfield are allowed. A goalie may PUNT the ball but it must land in their defensive half before crossing the midfield line. An infraction will result in an <b>indirect free kick</b> from the midfield line for the opposing team.	Per FIFA rules
<b>Law 4: Players' Equipment</b>	<b>Shin guards are mandatory.</b> Tennis shoes or soft cleat soccer shoes.			
<b>Law 5: Referee</b>	Parent Volunteer or Junior Referee	USSF Licensed Referee	USSF Licensed Referee	
<b>Assistant Referee</b>	Not Used	Not Used	Non paid Parent – out of bounds calls only	USSF Licensed Referee <b>or</b> non paid parent (out of bounds calls only)
<b>Law 7: Duration of the Game</b>	Four 8-minute quarters. Two-minute break between quarters 1 & 2 & between quarters 3 & 4. Five-minute halftime.	Four 10-minute quarters. Two-minute break between quarters 1 & 2 & between quarters 3 & 4. Five-minute halftime	Two 25 minute halves. Five-minute halftime	Two 30-minute halves. Five-minute halftime

	<b>U-5 &amp; U-6</b>	<b>U-7 &amp; U-8</b>	<b>U-10</b>	<b>U-12</b>
<b>Law 8: Start of Play</b>	Opponents 3 yards from ball. Kicker must kick ball to teammate.	Opponents 5 yards from ball. Kicker must kick ball to teammate.	Conforms to FIFA. Opponents 5 yards from ball	Conforms to FIFA. Opponents 8 yards from ball.
<b>Law 9: Ball In and Out of Play</b>	<b>Conforms to FIFA</b>			
<b>Law 10: Method of Scoring</b>	Only from offensive side of field. Not from free kick.		<b>Conforms to FIFA</b>	
<b>Law 11: Offside</b>	No “cherry picking” is allowed. Formal offside is not played but Referees are instructed to enforce the no cherry picking rule.			Offsides is played conforming standard to FIFA rules
<b>Law 12: Fouls and Misconduct</b>	No cautions or send-offs.	Cautions or send-offs only by USSF Licensed Referee.	Cautions or send-offs only by USSF Licensed Referee.	
<b>Law 13: Free Kicks</b>	All free kicks are indirect. Opponents 3 yards from ball.	All free kicks are indirect. Opponents 5 yards from ball.	Conforms to FIFA	
<b>Law 14: Penalty Kicks</b>	Not permitted		Conforms to FIFA	
<b>Law 15: Throw-In/Kick- In</b>	Kick-In, opponent 3 yards from ball	Throw-ins. Conforms to FIFA		
<b>Law 16: The Goal Kick</b>	Awarded to defensive team when ball is placed out of play over the end line by the offensive The defensive team must be on it’s defensive side of the field and may not advance until the ball has been touched by an offensive team player on the field (receiver of the kick)		Conforms to FIFA	
<b>Law 17: The Corner Kick</b>	Awarded to the offensive team when the ball is placed out of bounds over the end line by the defensive team. Ball is placed with the nearest corner arc and kicked by the offensive team to restart play. The corner kick is in-direct.		Conforms to FIFA	
<b>Standings:</b>	No standings or other records of game results are kept.			
<b>Other:</b>	Coaches are <b>not</b> allowed on the field during play except to assist in positioning players for starts and restarts of play. Players should be allowed to play with a minimum of active coaching.	<b>Coaches are not to be on the field during play. For U-10 – Goalkeeper punts may not cross the midfield line in the air. The restart is an indirect free kick to the opponent at midfield.</b>		

PSC Recreational Rules follow FIFA rules and guidelines except as noted in the above rules.

It is intended that all recreational league players play more than 50% of each game so long as the players are physically able to safely play.